



THE ALIC NEWS

Please join or renew
today

SUMMER 2009

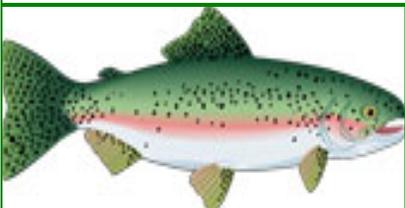
President's Message by Debbie Hite

It's been ten years since the infamous algae bloom of 1999. That spring was extremely dry and warm, which contributed to the low amount of dissolved oxygen in the water and the high phosphorus level which triggered the bloom. Clarity was drastically reduced and the water turned a murky green, a sight no one wants to see repeated. The event propelled ALIC into an intense effort to improve the water quality of Androscoggin Lake by evaluating the effectiveness of the Dead River pollution control device (aka "dam") and by assessing sources of runoff around the lake. Some of the accomplishments that came out of that period include several DEP studies (of particular note is the phosphorus loading analysis by Roy Bouchard 2001-2004); the watershed survey (2000) and subsequent management plan (2004); the passage of LD 1962 (2002), which provided funds for improvements to the barrier on the Dead River as well as for the E-Pro study of alternative structures and their impact on protecting the lake (2002); and, finally, the MOA (Memorandum of Agreement) outlining future ownership, upkeep, and funding of the barrier (2004). Other actions involving ALIC at this time included the municipal ban on jet skis; the challenges to the licenses permitting discharge by the paper companies into the Androscoggin River; several years of dioxin monitoring by the DEP; and various assessments of fish, wildlife, and wetland resources. Most of these reports can be found in the ALIC archives in the basement of Cary Memorial Library in Wayne, but they are not light reading!

None of the achievements of the last decade could have been attained without the support of our membership and municipalities. Your financial contributions, your names on our membership list, your attendance at hearings in Augusta and annual meetings in Wayne, your words of encouragement have sustained our efforts "to preserve and protect" Androscoggin Lake. The ALIC Board remains committed to that mission as we face new challenges.

A significant threat to our future success is in the area of human resources. The economy and its stress is forcing change into lifestyles that formerly allowed greater engagement in the community. The ALIC Board is dwindling and so are its time and energy. Some directors have started up businesses; others have left retirement to return to work; others have the added demands of raising teenage children. In recent months we have taken steps to ensure the viability of our association. For example, thanks to technology, there is no longer any reason for board membership to be limited to only year-round residents. In addition to exchanging information via e-mail, we have conducted an occasional "chat" via the Internet. At one such session, board members in Tennessee, Florida, Louisiana, and Maine were all conversing with each other! Another decision is to move in the direction of creating the part-time, paid position of program assistant. Our goal for this summer is to hire someone to help increase our membership and update our database. Future responsibilities might include regularly checking the websites of network organizations for pertinent information; keeping abreast of DEP developments re our interests; researching grant opportunities and other resources; maintaining the website; producing the newsletter; and promoting lake stewardship efforts. It is unreasonable to impose on the generosity or goodwill of one or two board members to shoulder these tasks on an ongoing basis. A program assistant would enable us to explore new avenues towards greater advocacy for the lake and all who enjoy it.

Last year saw the lake at its healthiest state in quite a while. This June we're experiencing near-record rainfall, considerable runoff, and sustained high lake levels. Who knows what July and August will bring? It will be important to carefully observe conditions all around the lake and do what we can to "go green" ecologically. In 2009 green is a good thing – except in our precious Androscoggin Lake.



Visit Our Website:
www.androscogginlake.org



**Join us for the Annual Meeting
Saturday, August 15, 8:30 am
Potluck Breakfast at AYC**

Please bring a dish to share. We will have our regular business meeting at 9:00 am followed by a speaker from Bowdoin College. We look forward to seeing all of you.



Board of Directors

President – Debbie Hite, 524-2009, pushywoman@aol.com

Vice President – Bill Messer, 685-9306, bmesserwc@yahoo.com

Secretary – Peter Ault, 685-4220, lpault@roadrunner.com

Treasurer – Alison Lincoln-Rich, 685-4350, alicolnrich@kentshill.org

Jean Gardner, 685-4196, jcwgardner@msn.com

Martha Hoddinott, 685-3332, mlhodd@roadrunner.com

Lincoln Hayes, 786-8445, linc@downeastfood.com

Jim Breazeale, 685-5552, jimb@valproco.com

Advisory Board

Molly Saunders

Anne Huntington

Bruce Cavanaugh, Dam Cmte

Ian Barclay, Dam Cmte

Beth Pochopien, Water Quality Monitor

Theresa Kerchner, Kennebec Land Trust

Peter Hirsch, Camp Androscoggin

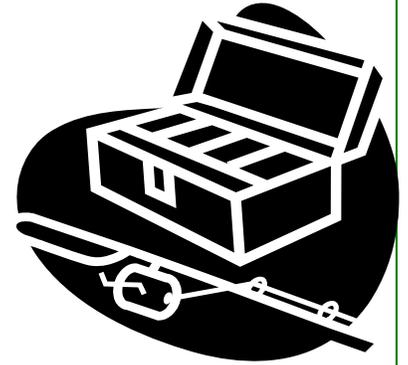
Jack Mahoney, emeritus

PLEASE CONSIDER JOINING THE BOARD OF DIRECTORS

Shared by James Van Cott

Our family's favorite fishing story might well have been a Winslow Homer painting of the Maine outdoors. The setting: Androscoggin Lake, 1967 - summertime, about 5:00 A.M.

Our older son, Bradford, then 8, and I, his dad, were up early and eager to get into our green, wooden-ribbed canoe to go fishing before the sun got above the trees. Snug, asleep in our lakeside tent were my wife, Patty, daughters Wendy and Betsy, and our four-month old son, David.



Quietly we floated the canoe and paddled off, heading for a spot beyond our cove. The lake was perfectly still and beautiful. We felt the lake's timeless spirituality and a connection to the way the lake might have looked long ago. A "forever", clear blue sky had us marveling at the wonders of nature around us. Each breath of the fresh, light morning air was an infusion of extra pep from head to toe.

Reflections in the lake of shoreline, woods, and sky made pools of deep greens and blues that had amazing clarity. Truly, the lake and dawn at this hour seemed to belong more to the artist than the fisherman.

Little swirling "holes" that our paddles made when we dipped them in the water, and the gentle, v-shaped bow waves from the canoe were the only perceptible signs of activity on the lake. Indeed, the owl had retired early from his haunts, loons had long since finished their serenades, and the ospreys and eagles were still tending their nests. It was as if we were all alone on the lake in one of its most precious hours.

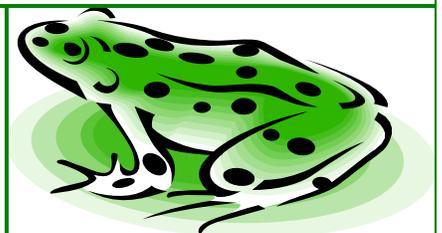
Rays of sunlight coming through the woods occasionally glistened on Bradford's wet fishing line. Suddenly, action on his fishing gear shattered the library-like silence. His fishing rod arched. His reel awakened. A fish was on the line! Excitement reigned as the "lunker" broke the surface with determined splashes, and as Bradford reeled in the fish! Eventually, he caught enough fish to thrill a boy for a lifetime. Most of his catch he returned to the lake, and content he was to canoe back to camp with just two keepers. This was golden time at its best!

Canoeing into the cove, we were surprised to encounter the inviting, irresistible aroma of bacon cooking. Ahead, fifty or so yards away, Uncle John - my older brother - was getting breakfast started on the campfire! From the campfire, along the underside of a thin bank of mist, a thermal layer had formed along the shoreline and was guiding the bacon aroma inescapably right to our noses. Breakfast that day was full of enthusiasm, for sure, and it is still among the top ten on our hit parade of breakfasts!

For the picture taking that followed, Bradford arranged his two "pride and joys" - one bass and one perch - on the blade of a canoe paddle and proudly held the paddle chest high. It wasn't till later when we realized that his smile runs the width of the paddle! To this day, that picture in its black and white modesty still holds a special place in our hearts and family photographs. Thank you, Androscoggin Lake!



A lake is the landscape's most beautiful and expressive feature. It is earth's eye, looking into which the beholder measures the depth of his own nature—Henry David Thoreau



LAKE SMART

LakeSmart is a great program for anyone interested in developing their lake front property in an environmentally friendly way. It is free and offers informative educational opportunities for lakefront homeowners. In order for ALIC to participate in this program we need help from you, lake front property owners. It involves a commitment from an active lake association, a local leader, community involvement and most of all local interest. You can find out more about this program by going on line to DEP, Bureau of Land & Water Quality, LakeSmart. If you are interested and willing to help, please call Jean Gardner at jcwgardner@msn.com.



Loon Count 2009 and Loon Photo Contest

The 26th Annual Maine Loon Count will take place on Saturday, July 18th from 7:00 – 7:30. Last year proved very successful on Androscoggin Lake, with a large number of sightings (total 39 loons). Two chicks were spotted near the entrance of the Dead River, something that has not happened since the year 2000. The weather even cooperated, providing us with calm water under mostly cloudy skies.

Home base for our loon counters will again be the home of Martha Hoddinott and Tom Wells. Anyone who is interested in participating in this year's count should contact them via email at tomhod@roadrunner.com or by phone at 685-3332. Last year's loon counters will have first opportunity to participate, and then those who have expressed interest will be contacted.

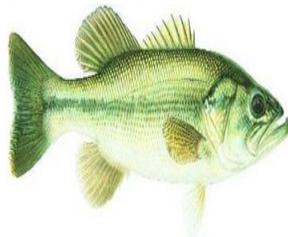
In addition to the loon count, the Maine Audubon Society will be sponsoring a loon photo contest during the months of July and August. Judging will be in September and a variety of prizes will be awarded. Details, as well as guidelines for taking loon photographs can be found on the Maine Audubon Web site, www.maineaudubon.org after July 1st.

List of Bass Fishing Tournaments

- 6-21-09 Open - Pinetree Bassmasters
- 6-28-09 Open - Central Maine Bassmasters
- 7-19-09 Club - Southern Maine Angler
- 8-9-09 Open - The Bass Federation of Maine
- 8-22-09 Club - LA Bass
- 8-23-09 Open - American Bassmasters
- 9-20-09 Club - Vacation

For more information and group contact information follow this link:

http://www.maine.gov/IFW/fishing/derbies_tournaments/basstournaments/index.htm



The following list was generated from the DEP, Inland Fisheries and Wildlife website. There are two different types of tournaments.

Open - Tournament is open to any boater from any club. Maximum # of boats is 100.

Club—Tournament is open to members of the specific club hosting the tournament only. Usually under 20 boats.

Informative Websites for Our Lake Residents



www.androscogginlake.org

our ALIC website, including Blog

www.waynemaine.org

All things Wayne!

www.MaineVolunteerLakeMonitors.org

includes annual Maine Lakes Report and
The Water Column (seasonal publication)



Maine Department of
Environmental Protection
Lake Educational Coordinator
800-452-19423
www.maineDEP.com

<http://www.30mileriver.org>

our area watershed association
Courtesy Boat Inspection info

www.mainecola.org

Congress of Lake Associations
includes a look at pertinent legislation

www.mainelakes.org

Lakes Environmental Association
includes info re shoreland zoning ordinances

www.maine.gov/doc/nrimc/mgs/explore/surficial/sites/apr05.htm

from the USGS, an award-winning report on the
Dead River Delta and its unique features

www.maine.gov/dep/blwq/training/

from the Bureau of Land & Water Quality,
the NPS Training Center provides a list of certified contractors,
an enlightening Photo Gallery, and helpful suggestions
for controlling erosion and runoff as well as additional links

Note from Treasurer: Please send your dues now. Please be sure to include your email address. All donations are tax deductible.

ANNUAL MEETING



The ALIC Board is looking forward to seeing many of its friends and lake neighbors at the association's annual meeting on Saturday, Aug. 15, at the Yacht Club in Wayne. We'll begin with our always-delicious potluck breakfast at 8:30 a.m. followed by a short business meeting, after which a very informative and interesting program will be offered. As you may know or learn in this newsletter, our lake has been the focal point this year of the environmental geology classes of Bowdoin College professor Peter Lea.

One of the students received a fellowship to expand her research over the summer, which she will present to us. Whitney Grass, a Bowdoin College senior, is a native of Mars Hill, Maine where her family continues to farm small grains and fruits. Whitney is a geology major and English minor who also plans to complete her teachers' certification program by May 2010. Whitney will discuss bioavailable phosphorus in agricultural runoff in the Dead River tributaries and their impact on lake water quality. Professor Lea will also be in attendance and will share his plans for ongoing evaluations of the lake. We hope to see many of you at our annual gathering!



Be vigilant. Keep invasive plants out of our lake. Always check your boat and trailer for aquatic plants prior to launch.



Maine Volunteer Lake Monitoring Program Training Workshops in our Area

All workshops are free, subject to change, and require advanced registration.

Contact VLMP @ 207-783-7733 or vlmp@mainevlmp.org

Sat., July 11, 2009	1:00	VLMP Annual Conference, free for certified WQM and IPP, includes lunch	Great Outdoors Turner
Tues., Aug. 4, 2009		IPP Intro. Wkshp.	Bridgton
Sun., Aug. 9, 2009		IPP Field Survey Methods (sponsored by 30 Mile River)	Minnehonk Lake, Mt. Vernon
Tues., Aug. 11, 2009		IPP Intro. Wkshp.	UMF, Farmington
Sat., Aug. 29, 2009		IPP Field Survey Methods	Sabbathday Lake

* WQM = Water Quality Monitor (includes Secchi and Dissolve Oxygen evaluations)

* IPP = Invasive Plant Patrol

NOTE: There will be an aquatic plant survey of the Perkins Cove area this summer. If you are interested in participating on the team, please contact Debbie Hite at info@androskogginlake.org



Treasurer's Report by Alison Lincoln-Rich

Thanks to the ongoing support of our members and municipalities over the years, ALIC is currently in a good position financially. Your contributions affirm the value of the lake to you, both for its economic draw and its recreational and spiritual benefits. Please continue to give to ALIC.

The board of directors is acting conservatively to protect those interests and is building strength among its alliances with the following organizations: Maine Congress of Lake Associations (COLA), Maine Rivers, 30 Mile River Watershed Association (30 MRWA), and Maine Volunteer Lake Monitoring Program (VLMP).



We have been the fortunate recipient of memorial funds recognizing two life-long lake lovers: Bon Gardner and Rick Hoddinott. Thank you, generous family members, friends, and other donors, for your thoughtful gifts. I'm also pleased to report that the Dick Hoddinott Advocacy fund continues to receive much-appreciated donations. With the discharge licenses still in appeal and the MOA expiring next year, there's always the possibility of legal expenses.

Our membership roster represents less than 50% of the 300 property owners around the lake. We have gained a few newcomers and welcomed still a few more whose dues had lapsed in recent years. We've also noticed that some of the long-established family compounds are now being used by short-term vacationers who may not be enrolled in the lake association. Membership is open to all who enjoy and care about Androscoggin Lake, whether they're on the lake or in the vicinity, seasonal or year-round, patriarch or younger generation. Please help us expand our membership by encouraging your neighbors and extended family members to join. Invite them to the annual meeting!

For my family, this lake is an everyday joy. As I write this, seven kids are jumping off the dock, seeing who can dive the best or make the biggest cannonball. I hear fresh laughter from across the lake; I see docks and boats being put in daily. The flag is up on the yacht club point; the Stinchfield beach gate is being opened and closed daily. Summer is here. Be safe, have fun, and enjoy this marvelous lake.



MEMBERSHIP RENEWAL FORM

Our mission to protect and preserve beautiful Lake Androscoggin can continue only with your support. Please renew or join today.

Name _____

Mailing address _____

Email: _____ Amount Enclosed _____

DUES: \$20.00 Individual \$35.00 Family \$50.00 Loon Supporter \$75.00 Contributor
\$100.00 Benefactor _____ Dick Hoddinott Advocacy Fund

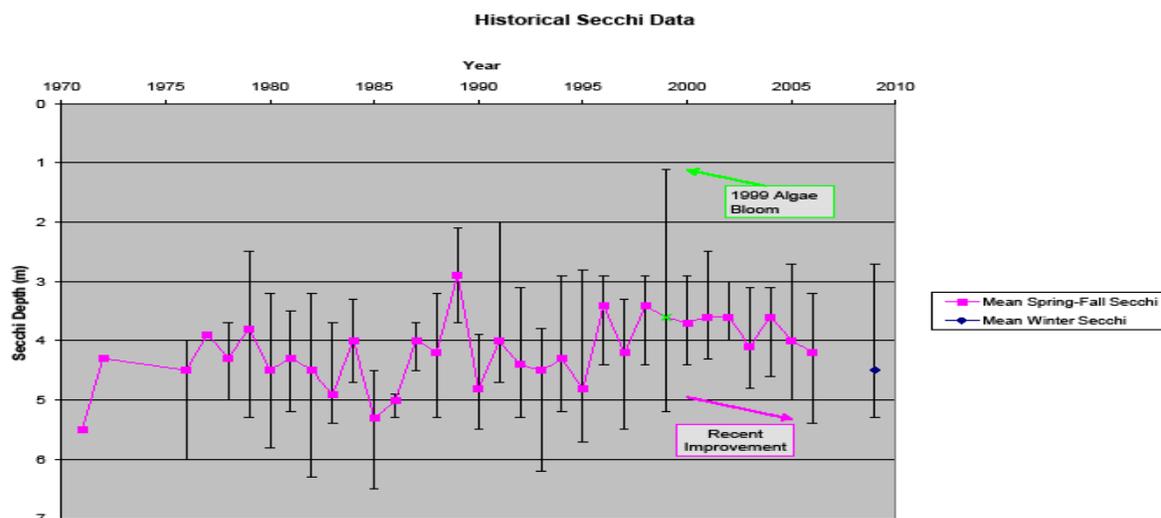
All donations are tax deductible.

Mail to: ALIC, PO Box 307, Wayne, ME 04284

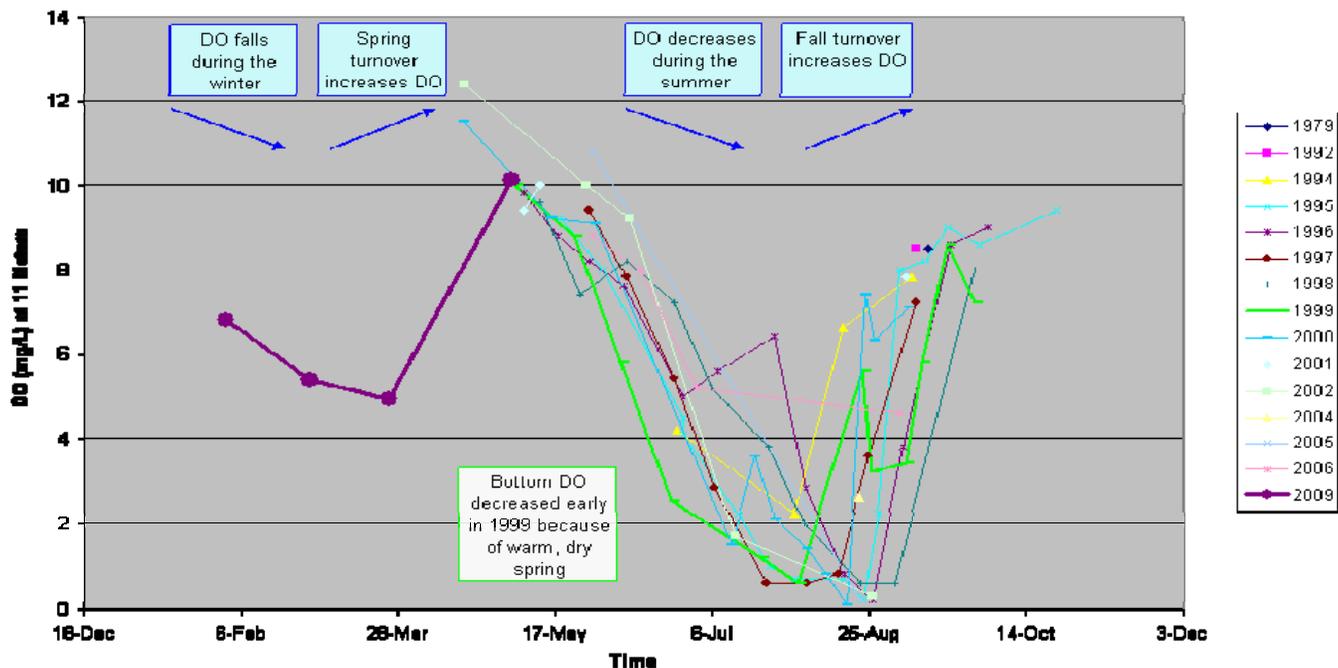
Bowdoin College Class Studies the Lake and its Watershed

What started as a casual encounter in Wayne last July has led to a wonderful partnership between ALIC and a Bowdoin College professor and his students. Molly came across the group one afternoon, and, a couple of e-mails later, we were tied into their research project. The environmental geology classes of Prof. Peter Lea this year have been conducting hydrological, water-quality, and lake-sediment studies of our lake, including an examination of the flow dynamics of the Androscoggin Lake-Dead River system, water-quality sampling of tributary streams, and coring within the lake's delta and deep basin. Both semesters' classes presented their findings at two rather well-attended public forums hosted by ALIC, one held in December, the second in May, at the Leeds municipal office building. The student team reports this spring, summarized on large posters, covered topics such as "Flow and Phosphorus Load from the 30-Mile River Watershed;" "Phosphorus in Lake-Bottom Sediments: Internal Loading in Androscoggin Lake;" "Phosphorus and Turbidity Dynamics in the Dead River;" and "Winter and Historical Limnology of Androscoggin Lake." This last group compiled the water quality data collected by ALIC volunteers over the last ten years, especially the notes of our beloved Director Emeritus Jack Mahoney, and produced the graphs which are provided. They also collected the first winter profiles, a practice which they believe is "essential to understanding internal loading and dissecting the anatomy of future algae blooms." Other observations by the students indicate that some streams within the Dead River watershed are contributing significant amounts of phosphorus; that the southern end of the lake merits further study of its internal loading; that large storm events may introduce more phosphorus from the 30 Mile River watershed than previously thought; but that same inflow of water from Pocasset and our own subsequent high lake level early this spring prevented the Dead River influx from reaching Androscoggin Lake.

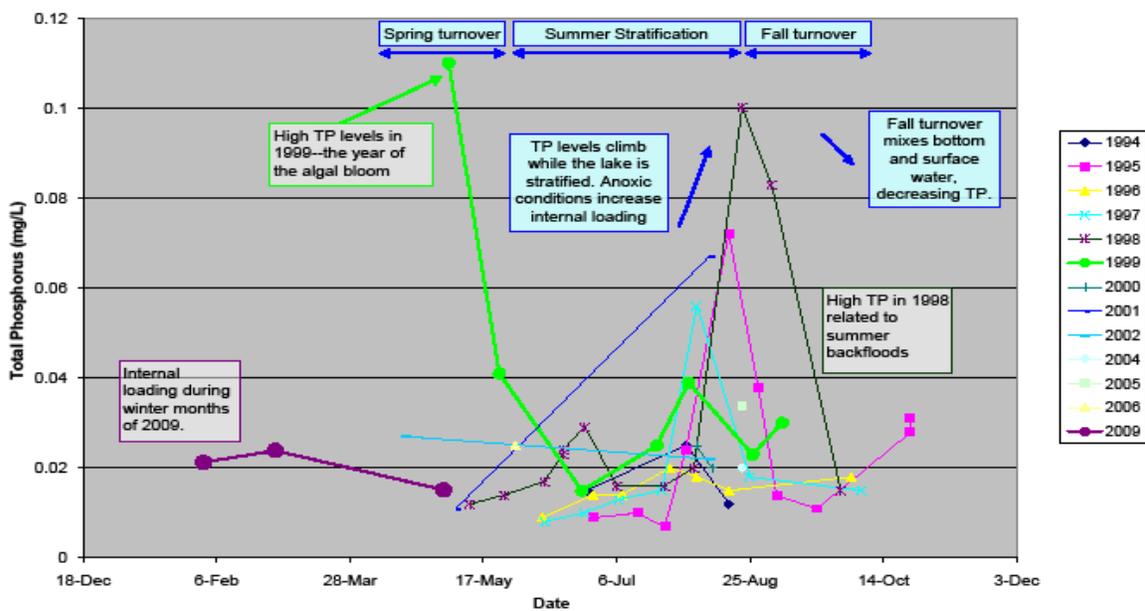
Some of the monitoring equipment used by the class has remained on-site in order for data to be collected over the summer, which Professor Lea plans to use in his classes next term. We are extremely pleased that he and one of his students will be sharing information with us at the annual meeting on August 15.



Dissolved Oxygen at 11 Meters



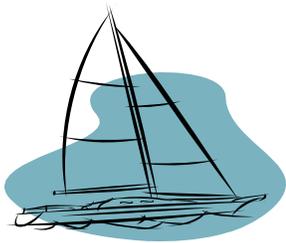
Total Phosphorus at 11m at Site 1



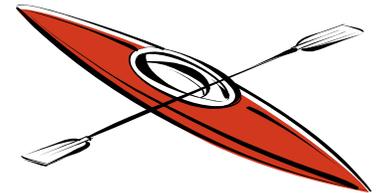
30 Mile River Watershed Association Update

Now in its second year, the 30 MRWA has hired a part-time executive director to head up its operations in the watershed, which stretches from New Sharon to Leeds. Lidie Robbins lives on Parker Pond in Vienna and reports to a Board of Directors which meets monthly at Kents Hill School. Lidie has been successful in obtaining grant money to help meet the association's goals, one of which is to expand its Courtesy Boat Inspections within the watershed. A CBI program coordinator, Rebecca Bubier, is in place to train and schedule folks interested in becoming inspectors. The position is ideally suited for those looking for part-time weekend work; the pay starts at \$7.50/hr. An application can be downloaded at www.30mileriver.org. Folks who may not be able to commit to a regular schedule are welcome to become volunteer CBIs. Questions can be e-mailed to info@30mileriver.org. The 30 MRWA also employs a part-time lake steward, Adrian Polky, who promotes safe boating and watches for erosion problems from the group's donated red boat. Using that same boat this summer will be Director Leon Bresloff and his lake ambassadors, who will be encouraging participation in the group's activities as well as advocating for local lake associations. Another outreach will be in the form of free onsite technology workshops for maintenance and repair of private camp roads. Well-known authority on the subject and 30 MRWA director Clyde Walton is the instructor. See more on this matter on page 11.

ALIC's annual assessment of \$250 allows for marginal participation in these programs and representation on the Board of Directors. A commitment of additional volunteer and financial assistance could potentially lead to greater involvement and benefits.



Maintain your shoreline.
Build a buffer zone.



Volunteer Scout Job Description

A volunteer scout is a person who is interested in helping 30 MRWA but maybe unable to be a courtesy boat inspector or is looking to take up more responsibilities for the program. Your primary focus is to recruit or 'scout' for volunteers (who perform courtesy boat inspections) to fill two-hour shifts on weekends between the hours of 7:00am and 5:00pm.

It is not necessary to spend any time doing boat inspections (unless of course, you would like to). However, I would suggest if you have never done an inspection or do not know anything about courtesy boat inspections, to at least attend one of the training sessions (they last about an hour).

You would act as the 'middle person' between the volunteers and the coordinator. VCIBs would be able to contact you with questions, concerns, schedule times and those would be passed on to me. Also, you would make sure that the weekend shifts would be filled for the lake that you were being the scout for by calling or emailing to remind volunteers.

I am willing to provide all scouts with techniques for asking volunteers and also ways to 'find' volunteers (they don't have to live on the lake!) along with any other concerns the scout may have.

I hope the scout would be someone who is very passionate about preserving the health of the lake and keeping the invasive plant species out. The job is not time consuming but is very important to the 30 MRWA and would require a certain amount of commitment and enthusiasm. If you are interested please contact Becca Bubier at rebecca.bubier@maine.edu or (207) 212-1082 or Lidie Robbins at lidiew@hotmail.com



Look What's Coming Down the Road.....byLinc Hayes and Debbie Hite

Our Legislature is taking a much more active role in addressing the polluted runoff from the 12,000 miles of private camp roads around the state. It is estimated that close to 85% of all sedimentation problems in lake watersheds originate from improperly-maintained camp roads. Our own watershed survey conducted in 2001 found that "13% of the NPS [non-point source] pollution sites were linked to private (camp) roads, which were originally built as seasonal access roads and were not well designed or situated." (p. 11 Androscoggin Lake Watershed Management Plan, Summit Environmental Consultants, Inc. 2004)

In 1997, the Maine Erosion and Sedimentation Control Law (ESC law) was passed and efforts are currently underway to determine how best to attain overall compliance, which is expected by July 10, 2010. A Maine DEP task force presented the Legislature its recommendations in a Dec. 31, 2008 document "The Lake Camp Road Report," which can be read online (40 pgs.) at www.maine.gov/dep/blwq/report/2009/camp_roads.pdf. Included in the suggested course of action are the following: strengthen and encourage the formation of private road associations; establish town authority and enable towns to provide assistance for fixing camp roads (for a fee); and expand public education through the resources of existing agencies such as the DEP's Bureau of Land and Water Quality, the counties' Soil and Water Conservation Districts, etc.

An excellent article on this subject, "Camp Roads: Highways for Pollution," appeared in this winter's edition of The Water Column, published by VLMP. You can read it online at www.MaineVolunteerLakeMonitors.org/WCWinter2009. As we go to press, the 30 Mile River Watershed Association, of which ALIC is a member entity, has announced it will sponsor free onsite reviews of camp roads by State retiree and noted expert Clyde Walton, who will make recommendations for corrective actions. Send ALIC an e-mail info@androscogginlake.org if you or your road crew might benefit from one of these tours.

We need to become better stewards of our watershed. It's time to get educated and take the necessary steps to reduce erosion and runoff from our roads. A properly-graded and crowned road surface with appropriate water bars and/or diversions into vegetated buffers would certainly help maintain and improve property values. A wonderful resource is the Camp Road Maintenance Manual: A Guide for Landowners, Kennebec County SWCD and ME DEP BLWQ, Dec. 2000. ALIC has a few copies available but it may also be read online at www.maine.gov/dep/blwq/docwatershed/camproad.pdf



ALIC needs you. Please join or renew your membership today.
Get others involved buy a membership for a family member or friend.



Memories on Androscoggin Lake From Beth Breazeale

My grandfather George Baker purchased a 7 room schoolhouse in 1921 and moved it to Androscoggin Lake in Wayne, Maine. He wanted his wife and 4 children out of the hot summers of the city- Long Island, New York. Everyone loaded up the running boards of the family cars near Memorial Day and would head north until Labor Day. My grandmother said it was just the same old thing only in a different kitchen. My father and aunts definitely felt otherwise.

Androscoggin Lake was everything. It was the source of non potable water, the bathtub, the shampoo bowl, the boat yard, the swimming and fishing hole, the playground and the fresh water classroom. It was all these things for my father's generation, his children's and his grandchildren's until 1971 when we sold the family camp.

For the next 13 years we were like gypsies, renting on one lake or another- Pocasset, Maranacook, Androscoggin-- until we finally settled on a camp on Davis Point Road which we never left and finally purchased in 2003. The pull of Androscoggin was too great for us.

Every generation of our family continues to be drawn to the uncluttered beauty of the Wayne village and the unspoiled naturalness of the lake. Without the distraction of television and personal calendars, our family and friends have bonded through conversation, debating the rules of scrabble and other parlor games, literally "chilling out" with water sports and trying to identify the abundant variety of wildlife.

Maybe our eight year old grandson said it all when he looked at his father while at Disneyworld and said his favorite vacation was Maine!!

ALIC
PO Box 307, Wayne, ME



Annual Meeting
Saturday August 15, 8:30 am
Potluck Breakfast at AYC

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We will have our regular business meeting at 9:00 am followed by a speaker from Bowdoin College

www.androscogginlake.org

ALIC needs you
please renew now!

ALIC
PO Box 307
Wayne, ME 04284

